

# support groups

available from the alzheimer's association



If you or someone you know is caring for someone affected by Alzheimer's disease or another form of dementia, help is available. Support groups are offered in a confidential setting and are led by trained facilitators.

Support groups are for family or friends who are caring for someone with Alzheimer's disease or another form of dementia.

This group meets the 2nd Friday of every month and provides an opportunity for caregivers to share with each other concerns, coping techniques, and tips when caring for a loved one.

Support Groups are a safe place to receive support for the difficult journey of Alzheimer's.

For more information about services in Northeastern Colorado, please contact Regional Director, Kelly Walker, at 970-392-9202 or [kewalker@alz.org](mailto:kewalker@alz.org).

## Johnstown

Johnstown Senior Center  
101 W. Charlotte St.

2nd Friday of the month  
10:30 a.m.

**Registration is not required**  
**No cost to attend**

call 800.272.3900 or online [alz.org/co](http://alz.org/co)